

ST. JOHANNES COLLEGE
(Kindergarten section)

Dear Parents,

Here is the menu of April.

Date	Menu
April 9, 2018	肉燥汁肉餅配粟米飯 Corn rice with patty in minced pork sauce
April 10, 2018	超軟蛋糕配什豆肉粒燴意粉 Spaghetti with diced pork and mixed bean, soft cake
April 11, 2018	焗鮮菌豬柳漢堡飯 Baked rice with pork burger in mushroom sauce
April 12, 2018	甜酸洋蔥雞扒飯 Rice with chicken steak and onion in sweet and sour sauce
April 13, 2018	白菌汁牛扒飯 Rice with beef steak in white mushroom sauce
April 16, 2018	蒸蛋配香芹燴素肉卷糙米飯 Brown rice with parsley, vegetarian roll and steamed egg
April 17, 2018	鮮茄豬扒飯 Rice with pork chop in tomato sauce
April 18, 2018	津菜牛肉球配上海麵 Shanghai noodles with beef balls, mixed vegetables and Chinese cabbage
April 19, 2018	蘿蔔炆魚條飯 Rice with stewed sliced fish patty, turnip and carrot
April 20, 2018	雲耳炆雞球配麥米飯 Wheat rice with chicken pieces and white fungus
April 23, 2018	粟米飯團配粉粿,燒賣 Corn rice roll and Chiu Chow dumplings, siu mai
April 24, 2018	鮮竹燴粟米肉餅飯 Rice with corn patty and bean curd sheet
April 25, 2018	焗磨菇豬柳漢堡飯 Baked rice with pork burger and mushroom
April 26, 2018	焗雞心豆豬柳通心粉 Baked macaroni with pork chop and chick peas
April 27, 2018	肉鬆壽司配牛角包,車厘茄 Fried pork fibers sushi, croissant and cherry tomatoes
April 30, 2018	焗粟米石斑飯 Baked rice with fish fillet and corn

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Dear Parents,

Here is the vegetarian menu of April.

Date	Menu
April 9, 2018	甘筍粒蒸蛋配香菇節瓜甫粟米飯 Corn rice with steamed egg, mushroom, carrot and gourd
April 10, 2018	香菇粉絲豆干飯 Rice with dried bean curd, mushroom and bean vermicelli
April 11, 2018	素肉碎燴豆腐配糙米飯 Brown rice with tofu and mixed vegetarian meat
April 12, 2018	三角豆燴什菌意粉配時蔬 Braised spaghetti with mixed mushroom and bean, vegetable
April 13, 2018	薯仔雞心豆燴時蔬飯 Rice with braised vegetable, potato and chick peas
April 16, 2018	蒸蛋配香芹燴素肉卷糙米飯 Brown rice with parsley, vegetarian roll and steamed egg
April 17, 2018	鮮竹燴素獅子頭飯 Rice with braised vegetarian pork ball and bean curd sheet
April 18, 2018	玉蘭珍珠筍燴素豆卷飯 Rice with braised vegetarian bean roll and mini bamboo shoots
April 19, 2018	磨菇粟米豆腐配扁意粉 Linguine with tofu, mushroom and corn in cream sauce
April 20, 2018	上湯雪耳浸津白配腐皮卷麥米飯 Wheat rice with bean curd skin roll, Chinese cabbage and Chinese white fungus in soup
April 23, 2018	冬菇蒸蛋配蘿蔔煮豆腐五穀飯 Five grain rice with steamed egg, mushroom, tofu and turnips
April 24, 2018	西芹鮮菇素鴨飯 Rice with dried bean curd, mushroom and celery
April 25, 2018	時瓜珍珠筍炆腐竹配粟米飯 Corn rice with mini bamboo shoots, bean curd sheet and seasonal gourd
April 26, 2018	黑椒腰豆什菜燴通心粉(微辣) Macaroni with assorted vegetables and kidney beans in black pepper sauce (spicy)
April 27, 2018	雙菇燴鮮竹飯 Rice with braised bean curd sheet and mixed mushroom
April 30, 2018	粟米木耳素肉條配糙米飯 Brown rice with vegetarian meat, Chinese black fungus and corn