

ST. JOHANNES COLLEGE
(Kindergarten section)

Dear Parents,

Here is the menu of February.

Date	Menu
February 1, 2018	甜酸洋蔥雞扒飯 Rice with chicken steak and onion in sweet and sour sauce
February 2, 2018	白菌汁牛扒飯 Rice with beef steak in white mushroom sauce
February 5, 2018	香菇雞肉糯米飯配貢丸 Glutinous rice with chicken and mushroom, pork balls
February 6, 2018	鮮茄豬扒飯 Rice with pork chop in tomato sauce
February 7, 2018	津菜牛肉球配上海麵 Shanghai noodles with beef balls, mixed vegetables and Chinese cabbage
February 8, 2018	蘿蔔炆魚條飯 Rice with stewed sliced fish patty, turnip and carrot
February 9, 2018	白菌汁雞件飯 Rice with chicken in cream mushroom sauce
February 26, 2018	七彩健康飯配水晶餅,時蔬 Colorful rice, custard cake and vegetable
February 27, 2018	磨菇燴肉粒飯 Rice with diced pork and mushroom
February 28, 2018	干燒伊麵配魚餅豆腐 E-fu noodles with sliced fish patty and tofu

ST. JOHANNES COLLEGE
(Kindergarten section)

Dear Parents,

Here is the vegetarian menu of February.

Date	Menu
February 1, 2018	什菜燴意粉配時蔬 Braised spaghetti with assorted vegetables and vegetable
February 2, 2018	薯仔雞心豆燴時蔬飯 Rice with braised vegetable, potato and chick peas
February 5, 2018	京都汁烤腐皮卷十穀飯 Ten grain rice with grilled bean curd skin roll in Kyoto style sauce
February 6, 2018	鮮竹燴素獅子頭飯 Rice with braised vegetarian pork ball and bean curd sheet
February 7, 2018	玉蘭珍珠筍燴素豆卷飯 Rice with braised vegetarian bean roll and mini bamboo shoots
February 8, 2018	磨菇粟米豆腐白汁扁意粉 Linguine with tofu, mushroom and corn in cream sauce
February 9, 2018	上湯雪耳浸津白配腐皮卷麥米飯 Wheat rice with bean curd skin roll, Chinese cabbage and Chinese white fungus in soup
February 26, 2018	粟米蒸蛋配燴津菜麥米飯 Wheat rice with Chinese cabbage, steamed egg with sweet corn
February 27, 2018	上湯豆干浸時蔬飯 Vegetable in soup, rice with dried bean curd
February 28, 2018	雙耳北菇扒素菜卷配五穀飯 Five grain rice with vegetarian roll, mixed mushrooms and fungus