

ST. JOHANNES COLLEGE
(Kindergarten section)

Dear Parents,

Here is the menu of December.

Date	Menu
December 1, 2017	白菌汁雞件飯 Rice with chicken in cream mushroom sauce
December 4, 2017	粟米飯團配粉粿,燒賣 Corn rice roll and Chiu Chow dumplings, siu mai
December 5, 2017	鮮竹燴粟米肉餅飯 Rice with corn patty and bean curd sheet
December 6, 2017	焗磨菇豬柳漢堡飯 Baked rice with pork burger and mushroom
December 7, 2017	怡香茄子燴魚腐飯 Rice with fish tofu and eggplants
December 8, 2017	時菜白汁雞絲飯 Rice with shredded chicken and vegetable in cream sauce
December 11, 2017	焗粟米石斑飯 Baked rice with fish fillet and corn
December 12, 2017	餐飯配迷你肉餅米粉,時蔬 Glutinous rice roll, mini rice vermicelli with pork patty, vegetable
December 13, 2017	焗美極汁雞扒飯 Baked rice with chicken steak in Meggi sauce
December 14, 2017	錦繡冬菇肉片飯 Rice with pork slices and mushroom
December 15, 2017	滬式津白肉絲配紅米飯 Red rice with shredded pork and Chinese cabbage
December 18, 2017	七彩健康飯配水晶餅,時蔬 Colorful rice, custard cake and vegetable
December 19, 2017	磨菇燴肉粒飯 Rice with diced pork and mushroom
December 20, 2017	干燒伊麵配魚餅豆腐 E-fu noodles with sliced fish patty and tofu
December 21, 2017	雞髀菇燴雞球飯 Rice with chicken pieces and mushroom

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Dear Parents,

Here is the vegetarian menu of December.

Date	Menu
December 1, 2017	上湯雪耳浸津白配腐皮卷麥米飯 Wheat rice with bean curd skin roll, Chinese cabbage and Chinese white fungus in soup
December 4, 2017	冬菇蒸蛋配蘿蔔煮豆腐五穀飯 Five grain rice with steamed egg, mushroom, tofu and turnips
December 5, 2017	西芹鮮菇素鴨飯 Rice with dried bean curd, mushroom and celery
December 6, 2017	時瓜珍珠筍炆腐竹配粟米飯 Corn rice with mini bamboo shoots, bean curd sheet and seasonal gourd
December 7, 2017	黑椒腰豆什菜燴通心粉(微辣) Macaroni with assorted vegetables and kidney beans in black pepper sauce (spicy)
December 8, 2017	雙菇燴鮮竹飯 Rice with braised bean curd sheet and mixed mushroom
December 11, 2017	粟米木耳素肉條配糙米飯 Brown rice with vegetarian meat, Chinese black fungus and corn
December 12, 2017	香芋冬菇燴時蔬飯 Rice with mushroom, vegetable and taro
December 13, 2017	葡汁什菜腰豆配十穀飯 Ten grain rice with kidney beans and assorted vegetables in Portuguese style sauce
December 14, 2017	鮮竹燴時蔬配撈米粉 Rice vermicelli in sauce with vegetables and bean curd sheet
December 15, 2017	鮮菇腐皮炆時瓜配紅米飯 Red rice with gourd, mushroom and bean curd sheet
December 18, 2017	粟米蒸蛋配燴津菜麥米飯 Wheat rice with Chinese cabbage, steamed egg with sweet corn
December 19, 2017	上湯豆干浸時蔬飯 Vegetable in soup, rice with dried bean curd
December 20, 2017	雙耳北菇扒素菜卷配五穀飯 Five grain rice with vegetarian roll, mixed mushrooms and fungus
December 21, 2017	芝士汁三角豆薯仔燴螺絲粉 Fusilli with chick peas and potato in cheese sauce