

ST. JOHANNES COLLEGE
(Kindergarten section)

Dear Parents,

Here is the menu of August.

Date	Menu
August 17, 2017	焗芝士什菌漢堡天使麵 Baked angel hair with mixed mushroom and pork burger in cheese sauce
August 18, 2017	番茄磨菇炒蛋配粟米飯 Corn rice with mushroom and fried egg with tomatoes
August 21, 2017	焗白汁雞球意粉 Spaghetti with chicken pieces in cream sauce
August 22, 2017	粟米蒸蛋配時菜雞扒飯 Rice with vegetables and chicken steak, steamed egg with corn
August 23, 2017	焗海皇龍脷柳飯 Baked rice with seafood and fish fillet
August 24, 2017	焗肉醬牛扒意粉 Baked spaghetti with beef steak in meat sauce
August 25, 2017	咖喱薯仔肉粒粟米飯 Corn rice with potato and diced pork in curry sauce
August 28, 2017	焗鮮茄豬扒意粉 Baked spaghetti with pork chop in tomato sauce
August 29, 2017	蟹柳蒸蛋配肉餅飯 Rice with patty and steamed egg with crab meat
August 30, 2017	焗巴黎雞粒飯 Baked rice with diced chicken in herb sauce
August 31, 2017	粟米斑塊飯 Rice with fish fillet and sweet corn

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(Kindergarten section)

Dear Parents,

Here is the vegetarian menu of August.

Date	Menu
August 17, 2017	西芹炒什菌配五穀飯 Five grain rice with celery and mixed mushroom
August 18, 2017	番茄磨菇炒蛋配粟米飯 Corn rice with mushroom and fried egg with tomatoes
August 21, 2017	干炒白菌意粉配時蔬 Stir-fried spaghetti with white mushroom and vegetable
August 22, 2017	鮮竹燴時蔬配撈米粉 Rice vermicelli in sauce with vegetables and bean curd sheet
August 23, 2017	上湯津白配腐皮卷飯 Chinese cabbage in soup, rice with bean curd skin roll
August 24, 2017	蒸蛋配磨菇薯仔飯 Rice with potatoes and mushroom, steamed egg
August 25, 2017	蘿蔔香芹炆豆卷飯 Rice with bean roll, turnips and celery
August 28, 2017	香菇扒腐皮卷飯 Rice with bean curd skin roll and mushroom
August 29, 2017	雙菇鮮竹扒娃娃菜飯 Rice with baby cabbage, assorted mushrooms and bean curd sheet
August 30, 2017	咖喱燴什菜蛋飯 Rice with egg and assorted vegetables in curry sauce
August 31, 2017	西芹炒什菌配五穀飯 Five grain rice with celery and mixed mushroom